



*Evening of Mindful  
Creativity and  
Community Building*

**"My Life is My Message"**

WITH DHARMA TEACHER  
VIVIANE EPHRAIMSON-ABT

Thursday September 26, 2024  
6:30-9:00pm

University Park United Methodist Church  
2180 S. University Blvd.  
Denver, CO 80210

Dana for teacher is welcome and appreciated.  
Supplies provided, and you can bring your own too  
(glue sticks, scissors, magazines)

Beginners and newcomers are welcome!

